

# WING WISDOM

**GOLD WING ROAD RIDERS ASSOCIATION  
LEADERSHIP TRAINING DIVISION**

## From the Director's Chair

### Take Time

*Take time to think. It is the source of all power.*

*Take time to read. It is the foundation of wisdom.*

*Take time to play. It is the source of perpetual youth.*

*Take time to be aware. It is the opportunity to help others.*

*Take time to laugh. It is the music of the soul.*

*Take time to be friendly. It is the road to happiness.*

*Take time to dream. It is what the future is made of.*

*Take time to pray. It is the greatest power on earth.*

*Take time to give. It is too short a day to be selfish.*

*Take time to work. It is the price of success.*

*There is a time for everything...*

Excerpts from Ecclesiastes 3:1-8

I was buying some frames at the “Dollar Store” a few weeks ago. This quote was in one of the frames and it just struck a chord for me. And when you combine that with one of the main teaching points in the LTD seminar “Stress Management” that talks about keeping balance in our lives, I just had to share these wonderful thoughts with all of you. We are really getting into the most active time of our GWRRA year and if you are anything like Bo & I, your calendar is getting very full. I caution each and every one of you to “take time.” Please try to keep balance in everything that you do. GWRRA is our hobby and while what each of you does for GWRRA is very important, always put yourselves and your families first.



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## From the Director's Chair *(Continued)*

All of the 1<sup>st</sup> Quarter Training Reports are in and we (make that you) delivered 6697 hours of training to our members. And the final count on Horizon Programs in 1<sup>st</sup> Quarter was 9. Bo & I can't begin to tell you how proud we are of all the great work you folks have done. We asked you all last year to try to stretch yourselves and you have done exactly that. Thank you all very much and please keep up the good work.

By now, I'm sure all of you have heard about the changes in Rider Ed. They are really trying to streamline their processes and reduce cycle time. After reading the notice that Bob Lorenz put out, I got to thinking once again about our record keeping process for tracking member training. I have heard that a couple of District Trainers have created their own data bases to track which seminars their members have taken. I would appreciate hearing from all of you regarding this idea. Do you want to continue using the Training Record Cards, or would you rather keep an electronic database by District, or perhaps by Region. Please drop me an e-mail to express your thoughts on this subject as this will be a topic of discussion in Billings and I'd like to have some survey numbers in hand for our LTD meeting.

Several weeks ago a new Region Director was named for Region E. Dave & Gwen Carter have stepped up from Illinois District Directors to take the top spot in the region. At the same time, Amy Peterson expressed a desire to lighten her workload after many of years of service so Dave, Amy and I put our collective heads together and asked Bill & Carol Cook to take over the Region Trainer position in Region E. Bill has continued to be an active Senior Instructor since stepping down from the District Trainer position in Iowa a few years ago and we are all sure he will make a great addition to the LTD Team in his new role. But don't think for a minute that I would let Amy get away that easily. She will still maintain her position on the LTD Staff as our Newsletter Editor and maybe we can even talk her into taking on a special project from time-to-time.

Bo & I hope that many of you will be able to schedule some "general member" oriented seminars during your upcoming rallies. Now that we have some momentum built up, let's not lose any of that inertia. We have much to offer our members so why not try some of the Life Skills seminars at your next District Event/Rally.

Until next month, Keep Riding & Keep Training,

*CJ and Bo Karcanes*

International LTD Directors



## Positive Procrastination

By Amy Peterson, LTD Newsletter Editor

Time doesn't play favorites. No matter how productive we are or how much we accomplish, there are only 24 hours in any day. Each day our to-do lists continue expanding. Whether it's responding to e-mails, making a call to a friend, running errands, or going for a motorcycle ride, we must choose which tasks to complete every day.

Believe it or not, there may be times when it is advantageous to procrastinate. This simple act can help us set priorities and give each task the attention it deserves in some cases. Putting tasks off can raise our energy and free our minds to help us see opportunities where others perceive obstacles. Follow these steps to make procrastination productive:

**1. Release unnecessary guilt associated with putting off tasks.** There are multiple paths to the same destination. Even when we procrastinate, we continue to learn. Our subconscious mind keeps working on possible solutions and reviews them silently while we deal with other tasks. If a solution to a challenge doesn't immediately present itself, it may be more productive to put it aside rather than spend valuable time worrying about what to do next. Let your mind ponder the possibilities while you complete other work.

**2. Avoid heartache by taking a moment.** Many business mentors have remarked about how time can be a great mood-changer. We have been told that it's best not to respond to anyone when we are upset--no matter how urgent the task. Angry thoughts usually aren't rational. If our mood won't let us accomplish a task productively, it's best to put off sending that fiery e-mail or making that comment in conversation until things are a bit calmer. Our positive attitude and human relations principles also encourages people to work with us on future challenges.

**3. Allow others to provide the answers.** Some of the actions we take just to move forward can actually slow our progress toward our goals. If you're regularly copied on e-mails to members of a team, consider putting off your replies. Other people may be able to resolve issues or answer questions without your input. The time that's freed up allows you to get a lot more done.

**4. State why you're procrastinating.** We often hesitate because we don't know our next best action. If you get sidetracked while completing a task, learn from the experience. Don't waste more time by making excuses. Acknowledge what happened, and write down the reasons behind your distraction. Then discover a method to overcome the challenge by spending time investigating solutions. The next time a similar distraction occurs, you'll better understand how to resolve it quickly.

*"One man  
with courage  
makes a  
majority."*

*~ Andrew Jackson*



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## Positive Procrastination *(Continued)*



**5. Practice procrastination.** Unleash new strategies and opportunities by setting specific times to do nothing but imagine. Taking this time allows us to consider unusual actions that can be taken and focus on the results to be achieved. Don't forget to listen to your intuition during this process. This free time often helps to identify the next best step and then empowers us to take it.

Don't think of procrastinating as something that's *always* bad. Our personal and chapter/district/region/association goals are continually evolving. Our priorities and those of the members we serve may also continue to change. The key is to continuing using time to our advantage in everything we do!

## Training Calendar

Many of our members travel to rallies and events outside their home state, so please forward details regarding any seminars to be shared in your area in the coming months. Send the information to Amy Peterson at [amysescape@aol.com](mailto:amysescape@aol.com). Thanks for your help!

*"Enthusiasm  
is at the  
bottom of all  
progress."*

*~ Henry Ford*

**7/4-7/7:** Watch the Wing Ding schedules for the LTD Seminars being presented in Billings, MT!

**7/20-7/21:** "Managing Change" and "Remembering Names" to be presented at the Minnesota District Rally in Mankato, MN. Contact Jerry Rigney at [jerry1@iw.net](mailto:jerry1@iw.net).

**8/4:** LTD Instructor Course to be presented in Sevierville, TN. Contact Ken and Julie Zahn at [www.tngwrratraining.org](http://www.tngwrratraining.org).



## By The Book — Chapter Positions

By Dale Wingrove, Region H Trainer

In the February 2007 issue of *Wing World Magazine* Jim Hutchins introduced a new program, the “Chapter of the Year Program.” There are basic qualifications for chapters to qualify to be a Chapter of the Year candidate. Most of these qualifications are in the *Officer Guide Book* (OGB). The next few months we will let you know what those are. This month will be Chapter Positions on page D-4 of the OGB.

I have listed below the basic Chapter Positions needed for qualification to the Chapter of the Year Program. There are many more very important positions listed on D-4 and D-5 of the OGB. Regardless of which positions you wish to adopt, the final goal is to have a well-organized and coordinated chapter where everyone shares the fun. When all Members have the opportunity to get involved, they become happy participants! It will take great skill to get all participants involved in the chapter. Maximize involvement, and you maximize participation!

### SOME CHAPTER POSITIONS

#### CHAPTER DIRECTOR (CD)

- A. Serves as Staff Member to the District Director
- B. Assumes organizational and advisory control of the chapter.
- C. Arranges for a place to hold chapter meetings and Staff Meetings.
- D. Appoints Members to serve as Staff.
- E. Correlates activities and programs through the Staff.
- F. Acts as an information link between Members and the district.
- G. Sees that a newsletter is sent to all interested participants, other Chapter Directors in the district, the District Director, Region Director and the GWRRA International Headquarters in Phoenix at least every 30 days.
- H. Makes an annual report to the District Director on activities, and an annual report on finances.

#### ASSISTANT CHAPTER DIRECTOR (ACD)

- A. Assists the Chapter Director in his effort to bring about a well-coordinated, fun, active, Chapter.
- B. Works with Staff Members.
- C. Assumes Chapter Directors’s duties in his absence.
- D. Becomes prepared to assume the Chapter Director position.

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## By The Book (continued)

### CHAPTER EDUCATOR

- A. Promotes GWRRA's Rider Education Program to all chapter participants.
- B. Relays information to all chapter participants from District Educator.
- C. Submits monthly reports as required.

### SECRETARY—TREASURER (Cannot be related to CD or Assistant CD)

- A. Makes notes on items requiring follow up for the Chapter Director in meetings and Staff Meetings.
- B. Keeps a record of finances and make available to all interested parties at all chapter meetings.
- C. Writes checks for expenses at the direction of the Chapter Director
- D. Assists Chapter Director in establishing prudent, reasonable, and fair fiscal policies.
- E. Submits Annual Financial Report to District Director by December 31st upon review of chapter Director.

### MEMBERSHIP COORDINATOR/RECRUITING AND RETENTION

- A. Reviews & utilizes computer printouts to remind Members of their expiration dates and identify new members who have not attended a meeting.
- B. Makes visitors, guests and new Members feel welcome and "AT HOME."
- C. Encourages members to recruit others to join the association.
- D. Submits news items to local newspapers to publicize chapter events.
- E. Works with selection of Couple of the Year.

*"Being a leader  
is not about  
making yourself  
more powerful.  
It's about  
making people  
around you  
more powerful."*

*~ Betty Linton*



## Happiness

By Bill Cook, Region E Trainer



How often have you said “I’ll be happy when I get my new promotion.” Or, “I’ll be happy when I lose that extra 20 pounds.” And, “I’ll be happy when the kids go back to school.” The list goes on and on. Happiness means totally different things to different individuals. Talk about something impossible to define!

True happiness is not a “response” to having, being or doing something. We all experience stimulus and response. Many people think that a new bike or toy is stimulus. Happiness is a response. A good paying job is stimulus. Happiness is a response. A loving relationship is stimulus. Happiness is a response. This belief leaves us thinking and feeling: “I’ll be happy when....” Happiness isn’t so much the destination. Like life itself, it’s the journey.

I believe that happiness is a stimulus and what life brings to those who are truly happy is the response. Happy people tend to be more successful in their work. People want to be around happy people and enjoy caring relationships. When we are happy, we more naturally take better care of our bodies and enjoy good health. Happiness is a state of mind and doesn’t require wealth or tangible possessions.

*“If you had to choose only two qualities to get you through tough times of change, the first should be a sense of self-worth and the second a sense of humor.”*

*~ Jennifer James*

Being happy is a conscious choice. There are those who choose to be miserable, frustrated and angry most of the time. This choice is reflected in nearly every aspect of their daily lives and they chase happiness away. Happiness is not something that happens to us after we get something we want--we usually get things we want after we choose to be happy. Happiness seems to find you, not the other way around.

People will do almost anything in the pursuit of happiness, which they often view like the rainbow.... In sight, just out of reach, and unfulfilled. Every day I wake up is a GOOD DAY. I’m still alive! I have had a lot of good (happy) days and hope that I, and you, will have many more.

I guess that makes me happy!



## **Additional Thoughts on Leadership...**

“If you can allow yourself to trust those little movements round your gut  
that tell you when something is interesting or exciting,  
they will tell you where to go.”

~ John Cleese

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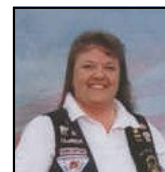
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